## nutrition

⊛ F	ït Frie	ndly 🛛 👽 Veggie - Meat Free	Calories	Protein	Total Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbohydrates (G)	Dietary Fiber (G)
		<b>MEATS, POULTRY &amp; SEAFOOD</b>							
		Beef Teriyaki (4 pcs)	372	39	20	113	784	6	0
		Pork Teriyaki (4 pcs)	340	42	15	136	775	6	0
		Chicken Teriyaki (2 pcs)	484	52	26	160	680	8	0
<b>I</b>		Chicken Tenders (6 pcs)	311	54	6	145	913	7	0
<b></b>		Pineapple Chicken (breast)	370	54	6	145	652	23	1
<b>I</b>		Grilled Salmon Teriyaki (1 pc)	378	47	19	148	374	2	0
		Shrimp Tempura (6 pcs)	438	13	38	94	218	13	1
		Mixed Tempura (Veggies, Shrimp & Salmon)	824	19	68	102	396	36	4
		Katsu Chicken (3 pcs)	656	19	48	119	910	38	0
		BOWLS & SOUPS							
		Happi Rice Bowl / Beef	523	36	20	85	810	49	3
		Happi Rice Bowl / Pork	499	38	16	102	803	49	3
<b></b>		Happi Rice Bowl / Chicken	404	33	8	72	796	49	3
		Happi Rice Bowl / Combo	475	36	14	86	803	49	3
<b></b>	V	Happi Rice Bowl / Veggie	288	9	5	0	445	54	6
<b>F</b>		SweetFire'd Chicken & Stringbean	581	39	9	80	914	52	4
<b></b>	V	SweetFire'd Eggplant & Tofu	356	40	6	12	804	51	5
<ul><li>⊗</li><li>⊗</li></ul>		Udon Noodle Bowl	287	11	3	15	1507	55	5
<b></b>		Saimin Noodle Bowl	247	12	2	15	859	41	5
<b>I</b>		Miso Soup (Cup)	82	7	4	0	571	6	2
		SALADS & DRESSINGS							
		Thai Chicken Salad	444	52	13	120	558	29	3
<b></b>		Thai Salmon Salad	271	26	13	74	342	14	4
		Thai Steak Salad	444	52	13	120	558	29	3
<b>I</b>		Asian Chicken Salad (Cup)	84	5	4	12	166	7	1
	V	Sesame-Peanut Dressing (2 oz)	180	3	10	2	568	18	0
	<b>v</b>	Ranch Dressing (2 oz)	140	1	14	10	260	2	0
	V	Wasabi Ranch Sauce (2 oz)	135	1	13	9	260	2	0
		SANDWICHES & WRAPS							
		Happi Wrap (1 Wrap)	238	16	9	37	224	22	1
		Sandwich / Beef	824	57	29	126	1479	81	4
		Sandwich / Pork	792	59	24	149	1470	81	4
		Sandwich / Chicken	707	61	15	133	1066	77	4
		Teriyaki Burger	586	22	25	54	921	71	2
		APPETIZERS							
		Firecracker Wings (8 pcs)	333	36	15	106	1039	11	0
	<b>v</b>	Onion Rings (10 pcs)	605	8	52	51	155	29	3
		Wings & Rings (6 ea)	626	32	44	110	939	26	2
	ý	Fried Zucchini (10 pcs)	589	9	52	51	265	26	3
	V	String Bean Fries (14 pcs)	591	9	51	51	266	25	5
	V	Veggie Tempura (10 pcs)	608	9	52	51	279	30	7
<u>@</u>	V	Edamame (5 oz)	150	11	5	0	389	14	4
<b></b>		Chicken Tenders (5 pcs)	254	45	5	120	630	5	0
	V	Potato Happi Faces (6 pcs)	240	2	15	0	390	24	2
		Shrimp Tempura (3 pcs)	219	6	19	47	109	7	0
		KIDS MEALS (includes Rice & Salad)							
		Kids Meal / Beef	330	28	16	74	492	17	1
		Kids Meal / Pork	314	29	14	85	487	17	1
		Kids Meal / Chicken Drumstick	318	25	16	70	492	18	1
<b></b>		Kids Meal / Chicken Tenders	251	26	8	66	483	17	1
		Kids Meal / Chicken Fingers	375	28	20	78	437	19	1
		SIDE ITEMS & ADD ONS							
	<b>v</b>	Onion Rings (2 pc)	122	2	10	10	53	б	1
	<b>v</b>	Tempura Sweet Potato (1 pc)	74	1	5	6	30	6	1
		Rice / Beef (Cup)	171	4	1	0	158	36	1
<ul><li>⊗</li><li>⊗</li><li>⊗</li></ul>	<b>v</b>	Rice / White (Cup)	111	2	0	0	1	24	0
<b></b>		Asian Chicken Salad (Cup)	84	5	4	12	166	7	1
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# allergens

To our valued guests: please be advised that any of the foods prepared by Happi House may contain allergens, including milk, eggs, wheat, soy, peanuts, tree nuts, fish, and shellfish.

### Seafood / Shellfish / Soy Allergy Warning

Foods in this restaurant are prepared in soy based fry oil which is also used to cook seafood and shellfish and may be harmful to individuals with particular allergies.

Saimin Noodle Soup is prepared with a shrimp based broth which may be harmful to individuals with particular allergies. Other products derived from the ocean, such as sea salt and wakame are used in the production of some Happi House menu items, including all noodle & soup bowls.

#### Nut Allergy Warning

This facility uses sesame seeds and sesame oil in many menu items, and some dressings or sauces may contain peanuts or other nuts or seeds processed in facilities that also process peanuts, which may be harmful to individuals with particular allergies.

### Wheat/Gluten Allergy Warning

Products derived from wheat, and which may contain gluten, are used in the preparation of many Happi House menu items, including marinades, soy sauce, teriyaki sauces, breads, and tempura batter, which may be harmful to individuals with particular allergies.

Due to the nature of the food processing industry and the number of suppliers utilized by Happi House Restaurants, Inc., employees of Happi House Restaurants, Inc. are not permitted to make any claim or representation that any individual or group of products sold by Happi House Restaurants are free from any specific ingredients or allergens, or are not produced by vendors that may also process such ingredients in their facilities. Nothing in this statement may be construed to suggest or guarantee the presence or absence of any specific ingredient in any of the products sold by Happi House Restaurants, Inc.

For more information write to:

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